

Race No	First Name	Surname	start time	swim transiti	swim time	finish time	Run Time	race time	Age Group	Cat Pos	Race 1 Points
12	Huw	Brassington	00:00:00	00:05:45	00:05:45	00:22:34	00:16:49	00:22:34	ms	1	100
36	Dylan	Jones	01:16:15	01:23:04	00:06:49	01:39:36	00:16:32	00:23:21	ms	2	99
45	Kieran	John	01:27:15	01:32:52	00:05:37	01:51:28	00:18:36	00:24:13	mj	1	98
18	Steven	Owen	00:40:45	00:47:37	00:06:52	01:06:24	00:18:47	00:25:39	ms	3	97
38	Owain	Fychan	01:20:45	01:28:42	00:07:57	01:46:40	00:17:58	00:25:55	ms	4	96
29	Darren	Jarman	01:07:30	01:14:15	00:06:45	01:33:26	00:19:11	00:25:56	ms	5	95
28	Paul	Buften	01:06:00	01:12:45	00:06:45	01:32:03	00:19:18	00:26:03	ms	6	94
40	Andrew	Poole	01:23:15	01:30:41	00:07:26	01:49:53	00:19:12	00:26:38	ms	7	93
32	Kevin	Owen	01:11:45	01:19:56	00:08:11	01:38:26	00:18:30	00:26:41	mv	1	92
42	Kevin	Hamilton	01:38:21	01:45:30	00:07:09	02:05:32	00:20:02	00:27:11	mv	2	91
37	Bedwyr	Fychan	01:19:45	01:27:18	00:07:33	01:47:10	00:19:52	00:27:25	ms	8	90
14	Dave	Watts	00:30:45	00:38:38	00:07:53	00:58:25	00:19:47	00:27:40	ms	9	89
13	Niel	Maguinness	00:26:00	00:33:28	00:07:28	00:53:46	00:20:18	00:27:46	mv	3	88
26	Andy/Andrew	Rymer/Ellis	01:06:00	01:14:32	00:08:32	01:33:50	00:19:18	00:27:50	Relay	1	87
5	Dave	Scurrah	00:15:15	00:24:32	00:09:17	00:44:05	00:19:33	00:28:50	mv	4	86
30	Mike	Cade	01:07:30	01:16:40	00:09:10	01:36:31	00:19:51	00:29:01	msv	1	85
41	Arwel	Price	01:38:21	01:46:15	00:07:54	02:07:44	00:21:29	00:29:23	msv	2	84
23	Gary	Thapa	00:56:15	01:05:48	00:09:33	01:25:46	00:19:58	00:29:31	ms	10	83
15	Stephen	Clarke	00:33:30	00:40:54	00:07:24	01:03:06	00:22:12	00:29:36	ms	11	82
7	Anita	Saycell	00:00:00	00:06:46	00:06:46	00:30:12	00:23:26	00:30:12	fs	1	81
10	Tony	Wenlock	00:24:45	00:34:01	00:09:16	00:55:35	00:21:34	00:30:50	msv	3	80
44	Jeremy	Brett	01:36:15	01:44:05	00:07:50	02:07:17	00:23:12	00:31:02	mv	5	79
3	Alwyn	Humphreys	00:07:30	00:15:58	00:08:28	00:38:33	00:22:35	00:31:03	ms	12	78
35	John Gwyn	Evans	01:16:15	01:26:00	00:09:45	01:47:18	00:21:18	00:31:03	mvv	1	77
21	Jan	Davies	00:48:45	00:57:10	00:08:25	01:19:49	00:22:39	00:31:04	fv	1	76
24	Wendal	Junia	00:57:15	01:06:02	00:08:47	01:28:27	00:22:25	00:31:12	ms	13	75
22	David	James	00:56:15	01:05:22	00:09:07	01:27:33	00:22:11	00:31:18	ms	14	74
8	Pip	Williamson	00:00:00	00:07:08	00:07:08	00:31:39	00:24:31	00:31:39	fs	2	73
25	Bryn	Fogden	00:57:15	01:08:01	00:10:46	01:29:09	00:21:08	00:31:54	ms	15	72
9	Catrin	Jones	00:23:45	00:31:38	00:07:53	00:56:07	00:24:29	00:32:22	fs	3	71

19	Elwyn	Jones	00:46:45	00:59:22	00:12:37	01:20:46	00:21:24	00:34:01	mvv	2	70
31	Jenifer	Owen-Adams	01:11:45	01:21:27	00:09:42	01:46:27	00:25:00	00:34:42	fsv	1	69
20	Sian/Amie	Williams/Anc	00:47:45	00:55:53	00:08:08	01:23:26	00:27:33	00:35:41	Relay	2	68
17	Cath	Rigler	00:38:30	00:48:55	00:10:25	01:14:25	00:25:30	00:35:55	fv	2	67
34	Gary	DeBell	01:15:00	01:27:45	00:12:45	01:50:57	00:23:12	00:35:57	mv	6	66
1	Nick	Dawson	00:06:00	00:14:49	00:08:49	00:42:02	00:27:13	00:36:02	msv	4	65
4	Susan	Ridings	00:14:30	00:26:26	00:11:56	00:51:16	00:24:50	00:36:46	fsv	2	64
46	Chris	Laughton	01:28:45	01:39:26	00:10:41	02:05:56	00:26:30	00:37:11	mv	7	63
43	Adam	Miller	01:25:45	01:36:15	00:10:30	02:02:59	00:26:44	00:37:14	mv	8	62
6	David	Williams	00:16:15	00:25:18	00:09:03	00:53:38	00:28:20	00:37:23	mv	9	61
16	Lynfa	Davies	00:33:30	00:47:37	00:14:07	01:13:16	00:25:39	00:39:46	fv	3	60
27	Angie	Edwards	00:58:45	01:12:20	00:13:35	01:39:22	00:27:02	00:40:37	fvv	1	59
39	Ruth	Packham	01:22:15	01:33:51	00:11:36	02:02:58	00:29:07	00:40:43	fv	4	58
2	Diane	Isenberg	00:06:45	00:16:29	00:09:44	00:47:35	00:31:06	00:40:50	fsv	3	57
33	Richard	Grant	01:12:45	01:23:34	00:10:49	02:01:04	00:37:30	00:48:19	mv	10	56