Event Info: Aberystwyth Junior Triathlon 2018

A brand new junior event open to individuals or relay teams - come and try out this new challenge on your own or grab a friend or two and go for team glory! This is the penultimate race in the 2018 Welsh Triathlon TriStar Series, but is also open to non-TriStars.

Relay teams can be mixed gender, and comprise two or three members, but all must be in the same age group.

For further information about the TriStars Series, see the Welsh Triathlon website.

Venue: Plascrug Leisure Centre, Aberystwyth, SY23 1HL

Date: Saturday 1st September, 2018

Max Entry: **200** [max 20 relay teams per age group]

Registration: **10:00 – 11:15** Meeting room

Bring a valid Welsh Tri membership card if entered in TriStar Series!

Course Walk Through: Any time after registration

Transition Open: 10:00 – 11.15 Must register first!

No boxes or bags to be left in transition. One adult only can

accompany a registered competitor. Follow marshals' instructions

Race Brief: 11:15 (approx) All must attend! Sports Hall

Race Start: 11.30 (approx) Youngest age groups first. Start times will be emailed

before the race and posted up on the day

Ages: **8 – 16** TriStar Start, TriStar 1, 2, 3 and Youth Age on **31/12/18**

Timing: Electronic chip timing

Race distances: 25m Pool swim. Bike and Run distances subject to change! Bike and

run on school playing fields

 TriStar Start
 Age 8
 50m Swim / 800m Bike / 600m Run

 TriStar 1
 Age 9-10
 150m Swim / 2000m Bike / 1200m Run

 TriStar 2
 Age 11-12
 200m Swim / 4000m Bike / 1800m Run

 TriStar 3
 Age 13-14
 300m Swim / 6000m Bike / 2400m Run

 Youth
 Age 15-16
 400m Swim / 8000m Bike / 3000m Run

Medal & Race bag: All

Trophies: 1st 2nd 3rd Girl & Boy in each age group

1st Relay team in each age group

Results: Provisional results on race day, final results posted online within 2

days See <u>niftyentries.com/Results</u>

Presentation: **15:30 (approx)** Near transition, or Sports Hall if poor weather