

## **Cerist Junior Aquathlon Race Day Schedule 29/04/18** (all times approximate!)

**Registration** 09:20 – 10:50 Sports Hall

**Transition setup and Course walk through** *Any time after registration*

Designated areas in transition for each age group, 1 adult helper only allowed (if required), follow marshals' instructions. No boxes or large bags to be left in transition!

The course is marked out and there will be marshals and club officials around to ask if you have any questions, but it's pretty straightforward (see maps).

**Race brief** 10:50 Sports Hall

All competitors & parents/guardians MUST attend!!

**Transition / Walk through closes** 11:15

**Race start** from 11:30

Please wait to be called pool side for your timing chips to be fitted according to the following times:

### **Cerist Kidz &**

**TriStar Start All** wait by pool entrance 11:30

**TriStar 1 Girls** wait by pool entrance 11:50

**TriStar 1 Boys** wait by pool entrance 12:10

**TriStar 2 Girls** wait by pool entrance 12:30

**TriStar 2 Boys** wait by pool entrance 13:00

**TriStar 3 Girls** wait by pool entrance 13:30

**TriStar 3 Boys** wait by pool entrance 13:50

**Youth All** wait by pool entrance 14:10

**Presentation** 15:30 Near finish area if dry, in Plas building if raining