

### Dyfi Dash 2025 - Start List

Bib No.	Name	Surname	Swim Time*	Pool Side**
1	Andrea	HAMILTON	09:00	08:50
2	Deian	CREUNANT		
3	Lowri	DAVIES		
4	Wayne	MORGAN		
5	Gareth	DONOVAN		
6	Charlotte	MANN		
7	Gwyn	LAWRENCE	09:20	09:00
8	Kellie	DAVIES		
9	Alun	GWYNNE		
10	Callum	EVANS		
11	Lynwen	HUXTABLE		
12	Joanne	CURRY		
13	Sedar	ORDEK	09:38	09:18
14	John	POZZI		
15	Elwyn	JONES		
16	Liam	KIRKHAM		
17	Hannah	MULLARKY		
18	Penny	COLLEY		
19	John	ROBERTS	09:54	09:34
20	Andy	BAKEWELL		
21	Elen	EBENEZER		
22	Georgina	TOLLEY		
23	Maggie	COLLINGBORN		
24	Awel	GRIFFITHS		
25	Morgan Girls	Relay	10:08	09:48
26	Morgan Boys	Relay		
27	Damian	SIDNELL		
28	Dinah	HAZELDINE		
29	Estelle	PATRICK		
30	Alison	HOLLETT		
31	Kim	KNOWLES	10:20	10:00
32	Ashley	LUCAS		
33	Team Mulled Wine	Relay		
34	Huw	EVANS		
35	Andrew	BARRETT		
36	Ellie	PIERCE		
37	Carl	MINCHER	10:32	10:12
38	Dafydd	GEORGE		
39	Catrin	CHARLTON		
40	Lynn	HARVEY		
41	Gail	CREED		
42	Gary	TAGGART		
43	Jamie	MAYERS	10:44	10:24
44	Pamela	CARTER		
45	Katie	PARFITT		

46	Rob	FRANCIS		
47	Sarah	ANDREWS		
48	Alicia	CONWAY		
49	Claire	WILLIAMS	10:56	10:36
50	Paul	GOUGH		
51	Philip	BIRD		
52	Frank	VAUGHAN		
53	Matt	SPENCER		
54	Bethany	VAUGHAN BYRNE		
55	Lisa and Gar	Relay	11:06	10:46
56	Glyn	PRICE		
57	Tomos	DAVIES		
58	Stuart	GEORGE		
59	Debbie	POTTER		
60	Andrew	GITTINS		
61	Elinor	MORGAN	11:16	10:56
62	Andre	MARSH		
63	Rikki	BARRATT		
64	Sioned	JONES		
65	Garry	JONES		
66	Hannah-Mae	SAMSON		
67	Dafydd	EVANS	11:26	11:06
68	David	JARMAN		
69	Hannah	OGG		
70	Dougie	BISHOP		
71	Xander	BRANDON-HIGGS		
72	Rose	MINCHER		
73	Josh	HUGO	11:35	11:15
74	Cara	RAINBOW		
75	Jonathan	DAVIES		
76	Alwyn	HUMPHREYS		
77	Line	MACAIRE		
78	Running with Spaniels	Relay		
79	Dave	GETHIN	11:44	11:24
80	Julien	BRUN		
81	Laura	HUGHES		
82	Dewi	JONES		
83	Danielle	HAYES		
84	Catrin	FORD		
85	Gary	CARTWRIGHT	11:52	11:32
86	Stephen	OWEN		
87	Rhodri	PARFITT		
88	Jonathan	HOLDEN		
89	Scott	TOMPSETT		
90	Paul	JENNINGS		
91	Jamie	LLOYD	12:00	11:40
92	Peter	JERVIS		

93	Ben	GETHIN		
94	Project 59	Relay		
95	Cai	WILLIAMS		
96	Taliesin	COOMBES		

\*Start times approximate - you may be asked to start slightly earlier or later than stated!

\*\*Please be ready to go pool side at the stated time, wait to be collected from the pool entrance to have your timing chip fitted