

## Race Report: Aberystwyth Junior Triathlon

Saturday 1<sup>st</sup> September, 2018

Plascrug leisure centre, Aberystwyth

Despite the threat of rain, the weather was kind for the first ever staging of the Aberystwyth Junior Triathlon, with a cloudy but warm and dry day greeting the 136 competitors. A joint effort saw volunteers from ADASC, Cerist Triathlon Club and Aberystwyth Swim, Bike, Run come together to put on a great new event. As the penultimate race in the Welsh Triathlon TriStar Series 2018, there were top young triathletes from across Wales competing, but there was also a strong local presence with several first-timers and relay teams competing.

Race distances varied according to age group, with a pool swim in Plascrug leisure centre followed by a tough bike around Penweddig football fields and finally a run on the school athletic track. There were some superb performances and very intense battles for the honours! However, no matter their finishing position there was amazing effort shown by all on a very challenging course. There were lots of smiles on the finish line as the tired competitors collected their well-earned medals - well done to all!

The event was made possible thanks to strong support from Subway Aberystwyth, Byrne Scaffolding, Hennighan's Chip Shop, Tesco Aberystwyth, Dwr Ty Nant, and Ceredigion Actif who awarded the race a Community Chest grant to help get it off the ground. Thank you all very much, and also to the staff at Plascrug leisure centre for their fantastic support on the day!

### Results:

**TriStar Start** (age 8) Girls / Boys

1<sup>st</sup> **Milly Harris** (Celtic Tri) 11:07; 2<sup>nd</sup> **Seren Bowen** 11:55; 3<sup>rd</sup> **Anwen How** 12:56

1<sup>st</sup> **Jude White** (Mid Shropshire Wheelers) 9:52; 2<sup>nd</sup> **Nathaniel Grant** (Ruthin Tristars) 10:23; 3<sup>rd</sup> **Toben Ugonna** 10:24

**TriStar 1** (9-10)

1<sup>st</sup> **Josephine Hurst** (Ruthin Tristars) 15:44; 2<sup>nd</sup> **Aelwen Davies** (Brecon Tri Club) 16:56; **Ella Harris** (Celtic Tri) 17:46

1<sup>st</sup> **Daniel Warrender** (Cerist Tri Club) 16:23; **Iestyn Evans** (Ruthin Tristars) 16:37; **Noah White** (Mid Shropshire Wheelers) 16:44

TriStar 1 Relay:

1<sup>st</sup> **Tomos, Owain & Noah** 16:34; 2<sup>nd</sup> **Sean & Joshua** 17:21; 3<sup>rd</sup> **Cari, Gruff & Iago** 18:36

**TriStar 2** (11-12)

1<sup>st</sup> **Anwen Nesham** (Cardiff Junior Tri Club) 21:51; **Eleanor White** (Pembrokeshire Tri Club) 23:07; **Maddy James** (Ruthin Tristars) 23:40

1<sup>st</sup> **Ifan Bowen** 22:34; **Rhys Caygill** 23:12; **Jac Thomas** (Triathlon Coaching Wales) 23:29

TriStar 2 Relay:

1<sup>st</sup> **James, Harri & Steffan** 22:56; 2<sup>nd</sup> **Reggie & Ethan** 25:59; 3<sup>rd</sup> **Tirion, Bethan & Chloe** 26:33

**TriStar 3 (13-14)**

1<sup>st</sup> **Neisha Roberts** (Ruthin Tristars) 29:52; 2<sup>nd</sup> **Megan Thomson** (Pembrokeshire Tri Club) 30:03; 3<sup>rd</sup> **Alyssa Baker** (Triathlon Coaching Wales) 30:58

1<sup>st</sup> **Finlay Catling** (Triathlon Coaching Wales) 26:41; 2<sup>nd</sup> **Morgan Watts** (Piranhas Tri Club) 28:50; 3<sup>rd</sup> **Deri McCluskey** (OO Tri) 29:40

**Youth (15-16)**

1<sup>st</sup> **Bethan Jones** (OO Tri) 39:28; 2<sup>nd</sup> **Eve Scott** (Ruthin Tristars) 41:37

1<sup>st</sup> **Callum Thomas** (Pembrokeshire Tri Club) 34:46; 2<sup>nd</sup> **Jack Southam** (Llanelli Swimming Club) 37:00; **Sam Belcher** (Cardiff Junior Tri Club) 39:55