



CERIST JUNIORS

Membership Application Form

Cerist Triathlon Club aims to provide quality coaching for young people aged 5-16 in a safe and friendly environment. The Club is officially registered with British / Welsh Triathlon, and we have adopted the British Triathlon Code of Good Practice for Child Protection. Information disclosed here is solely for the use of Cerist Triathlon Club and will not be passed to other parties. Relevant medical conditions, e.g., asthma or diabetes, must be disclosed here and also during registration at all training sessions. A parent/guardian must be contactable during training sessions or races if not present, but must attend the entire session if the child is aged 8 or under.

Membership fee only £5 per year

Concessions for Club training sessions and races! Special events planned for members!

| | | | | | |
|--------------------|--------------------------|--|----------------------------|---|---|
| Child's name | | | Date of birth | / | / |
| Address | | | | | |
| | Post code: | | | | |
| Medical Conditions | | | | | |
| Contacts | Parent / Guardian | | Alternative Contact | | |
| Name | | | | | |
| Home ☎ | | | | | |
| Mobile ☎ | | | | | |
| Work ☎ | | | | | |
| Email | | | | | |

Tick

I apply for junior membership of Cerist Triathlon Club for my child, and understand that members must at all times follow the Cerist Junior Code of Conduct (see below) and Club / BTF rules

Whilst all Club activities are carefully risk assessed, in sport there is always the potential for injury - I understand that junior members participate at their own risk

I agree to abide by the Cerist Parent & Guardian Code of Conduct (see below)

The Club adheres strictly to British Triathlon Guidelines for the Use of Photographic & Video Images of Children / Young people under the age of 18. I consent for images of my child at training sessions or races to be used on occasion by the Club (e.g. Club website / Facebook page) in accordance with these guidelines (consent will *always* be sought again before any photographs are taken or used)

I agree to help out at junior events on occasion (eg. marshalling, or providing a marshal, at races)

Signed: _____ **Date:** ____ / ____ / ____

Please hand completed form to a Cerist Junior Section committee member along with cash or cheque (made out to Cerist Triathlon Club) for **£5**, or send to: **Cerist Junior Membership, Faenol, Dolfach, Llanbrynmair, Powys, SY19 7AF**

Visit www.ceristtriathlon.org.uk for Club rules, and see website or our Facebook page for junior news, training times etc. For further information about Child Protection and BTF rules see www.welshtriathlon.org





Cerist Junior Member Code of Conduct

Cerist Triathlon Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, parents and administrators associated with the club should, at all times, show respect and be encouraged to be open, sharing any concern or complaints that they have about any aspect of the club with coaches or the Club Welfare Officer.

As a member of Cerist Juniors you are expected to abide by the following club rules:

All junior members MUST

- Keep to agreed timings for training and competitions or inform the coaches if they are going to be late
- Pay any fees for training or events promptly
- Register before every session
- Wear suitable kit, for training and events, as agreed with the coaches
- Wear an approved cycle helmet during cycle training sessions (ANSI Z90.4, SNELL B90, EN1078 or equivalent national standard). In the event of you not having a helmet you will NOT be able to partake in the session.
- Play, train and compete within the rules and respect opponents and officials and their decisions
- Display high standards of behaviour during training and events
- Behave in a friendly, sensible and appropriate manner to other junior members, parents, coaches and visitors to the club and other that they may come into contact with while representing the club
- Help and support other members of the club in so far as possible
- Not leave a training session without first informing the coaches
- Advise the coaches immediately if they feel unwell

Junior members are not allowed to smoke or consume alcohol or drugs whilst attending training sessions or representing the club at competitions.

Verbal or physical bullying of any kind will NOT be tolerated by the club; any member involved in this kind of behaviour will be asked to leave the session.

Breaches of the Junior Member Code of Conduct shall be dealt with in the first instance by the Senior Coach. Any incidents will be reported to the committee through the Welfare Officer and the committee will take further action as deemed necessary.





Cerist Parent & Guardian Code of Conduct

British Triathlon is committed to maintaining the highest possible standards of behaviour and conduct at all Triathlon, Duathlon and related multi-sport events.

The British Triathlon 'Code of Conduct for Parents' summarises the essence of good ethical conduct and practice within Triathlon. This applies not only to parents, but also to guardians, carers, families and spectators alike.

All such individuals have a responsibility to act with integrity, in accordance with the standards set by British Triathlon below. Any discriminatory, offensive or violent behaviour is unacceptable, and complaints will be acted upon under the procedures of our Safeguarding and Protecting Children Policy.

Code of Conduct

- Respect the rights, dignity and worth of every person, within the context of the Sport
- Treat everyone equally and sensitively, and do not discriminate on the grounds of age, gender, ethnic origin, religion, sexual orientation or disability
- Encourage your child to learn the British Triathlon rules and to compete within them
- Publicly accept officials' judgements and abide by their instructions, providing they do not contradict the spirit of this code
- Teach your child to respect the event officials
- Help your child to recognise good performance, not just results, to avoid undue disappointment
- Never punish or belittle a child for losing or making mistakes
- Support your child's involvement, and help them to enjoy their sport
- Remember that the aim of the Sport is for the children to have fun, improve and feel good
- Set a good example by applauding all good performance, whether by your child or by another
- Use correct and proper language at all times
- Remember that young people learn best by example
- Recognise the value and importance of volunteers, coaches, referees and event organisers – it is their time and dedication that keeps the Sport alive
- Young people are involved in organised sport for *their* enjoyment not *yours* – do not force your child to take part